

“Motherhood: A Call to Nurture”

Defining Motherhood. . .

Being a mother is a call to nurture: acting in such a way to help your children **grow**.

How Does Spiritual Life Come to Exist in Someone?

- God is the **source** of our spiritual life.
- God employs **means** to nurture spiritual life.

How Can You Nurture Spiritual Life?

- Spiritually nurture your children by your own **growth**.
- Spiritually nurture your children by your patient, faithful **instruction**.
- Spiritually nurture your children by your **prayers** for them.
- Spiritually nurture your children by your **dependence** on the Holy Spirit.