"I'm in a Hurry"

Exodus 20:8-11

What Does the 4th Commandment Mean?

- Option 1: Observe the Sabbath on the **Seventh** Day
- Option 2: Observe the Sabbath on the **First** Day
- Option 3: Participate in Worship on the **Lord's** Day
- Option 4: Treat the Sabbath or Lord's Day Like a **Normal** Day

While resting in Christ, we wisely embrace God's rhythm of work and rest.

Why Does the 4th Commandment Matter?

- It reminds us to take **God** seriously. . .
    - We must worship the working God with our **work**.
    - We must worship the resting God with our **rest**.
- It reminds us to take **life** seriously. . .
    - We need **spiritual** restoration.
    - We need **physical** restoration.

How Can We Keep the 4th Commandment?

- By **working** at worshiping Jesus.

- By **trusting** Jesus enough to rest from our work.

- By **striving** to enter the rest Jesus provides.